

VOUS

SALON RETREAT

OUR MISSION

To accentuate all people's inner value and outer beauty. To have the most luxurious environment and a team that truly sees everyone's value and goes over and above to create an experience that you never want to leave... yet when you do, you leave looking phenomenal and feeling relieved, rejuvenated, relaxed, and empowered until your next visit.

MENU OF SERVICES

LUXURY HAIR EXTENSIONS

At VOUS Salon Retreat, you can get the same hair extensions that the top celebrities use! Experience pure luxury with the only hair extension system on the market that won't damage your natural hair. VOUS Salon Retreat is dedicated to using only the highest quality hair extensions, and this is why we chose Hair Lingerie and Kacey Welch Method Silk Wefts. High-end Hair Extensions, the private accessory no one knows you're wearing - are only available from certified specialists. VOUS Salon Retreat is Alabama's certified celebrity hair extension specialist. Schedule your consult today.

HAIR LINGERIE HAIR EXTENSIONS

HAIR LINGERIE HAIR **\$450-\$750/PACK**

HAIR LINGERIE INSTALLATION **\$260 /1 PACK**

\$520 /2 PACK

\$780 /3 PACK

EXTENSION REMOVAL **\$75**

KACEY WELCH METHOD HAIR EXTENSIONS

KWM SILKWEFTS **\$450-\$550/SILKWEFT**

KWM INSTALLATION **\$250/1 ROW**

\$500/2 ROWS

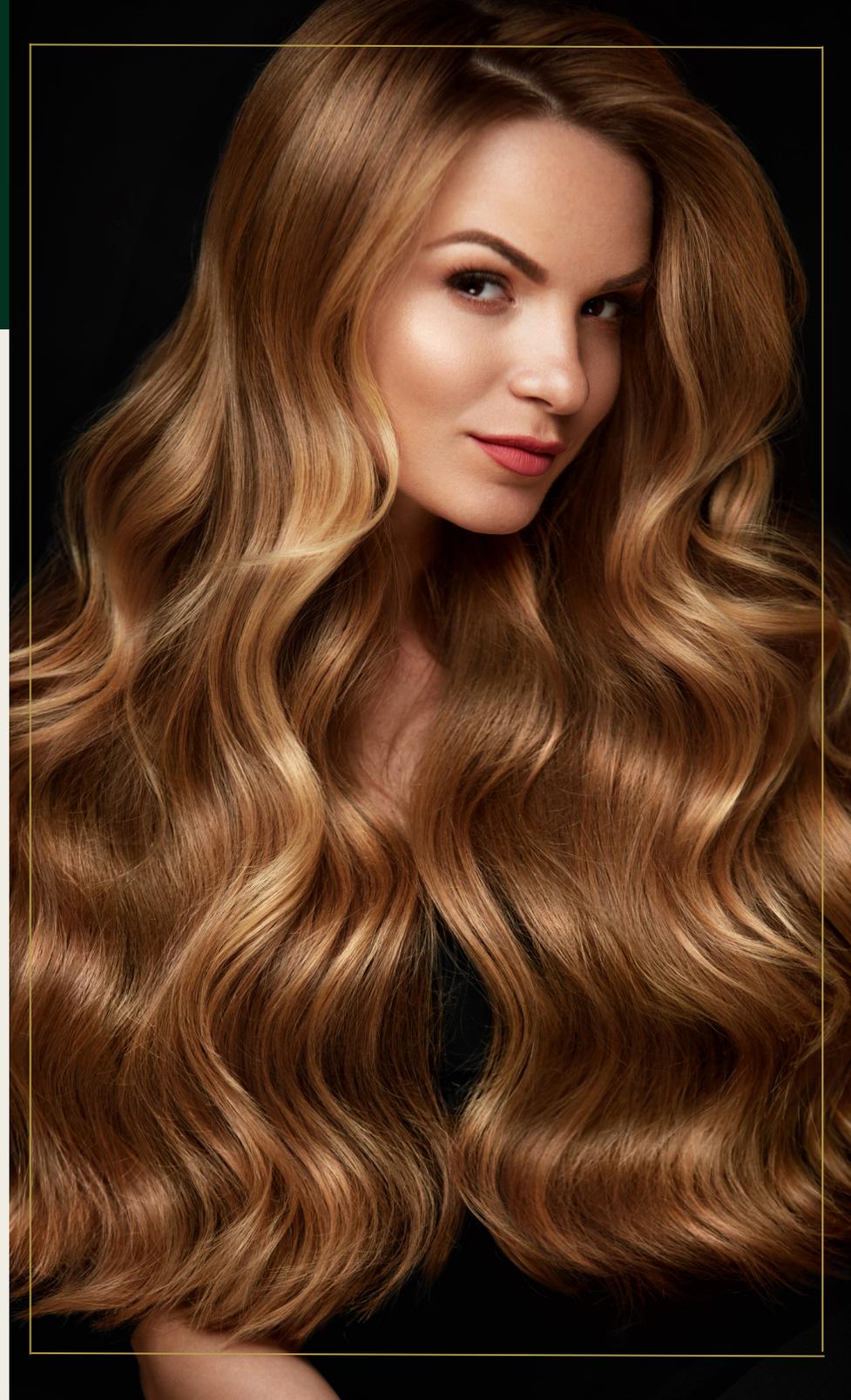
\$750/3 ROWS

EXTENSION REMOVAL **\$75**



THE
**KACEY
WELCH**
METHOD™

Complimentary Consultation. Please Allow 24 Hours advanced notice for reservations



SALON SERVICE MENU

COLOR



ALL-OVER COLOR

\$133.50

A color application to cover your hair from roots to tips. Cover grey at the roots and revive dull color through the mid-shaft and ends, or choose to shift color all-over your hair.

"ROOTS ONLY" COLOR

\$89.00

With the quality color coverage that Keune color supplies, it may only be necessary to color your roots to cover grey or to match the grown out roots with the rest of your strands.

FULL BLONDING

\$178.00

Choose this for a dramatic impact of blonde. Any number of bleaching techniques may be utilized in order to achieve this lighter and brighter look; to include: highlights, lowlights, balayage, foilage, baby-lights, or bleach wash.

PARTIAL BLONDING

\$133.50

Choose this for a mild impact of lightening. Any number of bleaching techniques may be utilized in order to achieve this lighter and brighter look, to include: highlights, lowlights, balayage, foilage, baby-lights, or bleach wash.

SALON SERVICE MENU

HAIR TREATMENTS, HAIRCUTS & STYLING

CUSTOM CONDITIONING TREATMENT

\$22.25

If your hair has been feeling a little lack luster lately, add a custom conditioning treatment to your service to give your hair everything it needs.

KERA STRAIGHT SMOOTHING SYSTEM

\$325.00

KeraStraight Ultimate Treatment is an evolution in straightening and repair. The semi-permanent treatment has been designed to transform even the most difficult hair into stronger, straighter, repaired hair that's easy to maintain and gorgeous to the touch.

PERM

\$135.00

Tired of your straight limp hair? Add curl and bounce with a perm.

RECONSTRUCTING TREATMENT

\$22.50

For strengthening and protecting the integrity of the hair we use both K18 and Olaplex in every blonding service. However both treatments may be performed as an individual stand-alone service. K18 Reconnects broken keratin chains, restoring hair's elasticity and strength. Olaplex is a three step process that aims to repair and prevent hair damage. It works on a molecular level by restoring the hair's broken disulfide bonds which can result from harsh chemical treatments like bleaching and coloring.

BANG TRIM

\$22.25

Maintain your perfect bang length.

BLOW-OUT

\$44.50

Universally known as every girl's best friend, a salon blowdry leaves the hair soft, silky, and frizz free. A bouncy blowdry can transform your whole look.

BLOW-OUT WITH HEAT STYLING

\$66.75

Finish off that silky blowdry with gorgeous curls or even a sleek straight style.

CHILD'S HAIRCUT

\$44.50

MEN'S HAIRCUT

\$66.75

A fresh cut will have you walking around feeling like James Bond.

SPECIAL OCCASIONS / UP-DOS

\$89.00

Going out for the night or have an event to attend? Let us create a look for you that is sure to catch attention.

WOMEN'S HAIRCUT

\$89.00

Having a cut that is custom to your hair length, texture, and density is the key to having a great hair day, everyday.

BROW OR LIP WAX

\$22.50





SPA RETREAT MENU

MASSAGE

Here at VOUS Salon Retreat, we want you to have a truly unique massage treatment curated by our highly skilled Massage Therapists. Our team is both experienced and highly educated, and they are ready to consult with you in order to determine the best treatment plan for VOUS!

	30 Minutes	60 Minutes	90 Minutes
AROMATHERAPY MASSAGE Your massage therapist applies aromatic essential oils medicinally combined with their massage techniques to improve your physical and emotional health.	\$73	\$120	\$167
CBD BODY OIL MASSAGE CBD massage is the gold standard of deep relaxation, deep muscle and fascia release, injury treatment, pain relief, skin hydration, and more. By combining nature's remedy with skilled massage techniques, CBD massage is a holistic way to heal and treat your body and mind.	\$73	\$120	\$167
TRAUMA MASSAGE In trauma touch massage, the massage therapist's most powerful tools come from how the massage therapy session itself is handled, from the informed consent and opportunity for a client to ask questions that start each session to the therapists ability to respond to the individual's needs during a session, whether that's stopping all together, changing positioning or adapting levels of pressure. All of these actions ensure that clients are safe and know they can stop the treatment at any time, providing them a safe environment to experience touch.	\$73	\$120	\$167
CRANIAL-SACRAL MASSAGE This technique includes soft touches which focus on the bones of the skull and pelvis. This protects the brain and spinal cord; aiming to evaluate and ameliorate the physiological body system.	\$73	\$120	\$167
HOT/COLD STONE MASSAGE Hot Stone Massage is used to relieve symptoms of arthritis and relieve stress. It will help you get better sleep and aids in muscle recovery. Cold Stone Massage is used to increase circulation, reduce swelling, relieve soreness and provide a burst of energy Both Hot and Cold stones can be used in tandem. Ask your massage therapist to curate your perfect option.	\$73	\$120	\$167

	30 Minutes	60 Minutes	90 Minutes
PRE-NATAL MASSAGE Safety always comes first, especially with so much at stake. Our licensed therapists are trained in prenatal techniques to provide the best care for you and your baby. Receive therapeutic benefits both mentally and physically. You may experience less swelling, hormonal balance, reduced muscle and joint pain, and better sleep. Recommended for women in their second and third trimesters only.	\$48	\$95	
SWEDISH OR DEEP TISSUE MASSAGE Choose this option if you are looking for a simply relaxing time.	\$48	\$95	\$142
COUPLE'S MASSAGE Two massage therapists will greet you and take you to a private room with two massage tables side by side and both of you will receive treatments tailored to your specific needs. Couples Massages help reconnect energies through shared experience to focus on the here and now.		\$200	\$300
TANDEM MASSAGE Two highly-skilled, experienced professional therapists working together in a choreographed manner to heighten your massage experience.		\$190	

SPA RETREAT MENU

MASSAGE CONTINUED



REIKI ENERGY WORK **\$55/30 MINS**

Reiki is an energy healing technique that complements other forms of western health treatments. It is used to promote relaxation, stress reduction, and symptom relief; in order to improve overall health and well-being. Reiki aids in healing by helping people become energetically balanced - physically, emotionally, mentally, and spiritually.

REFLEXOLOGY

15 Minutes	30 Minutes	45 Minutes
\$25	\$40	\$55

Reflexology is a treatment based on the principle that there are areas on the feet that are connected through the nervous system to corresponding parts of the body. When pressure is applied to these areas and points it stimulates the movement of energy along the nerve channels and helps to restore homeostasis balance in the body.

SCALP MASSAGE **\$25/15 MINS**

Your scalp is full of nerves close to the surface of the skin. Massaging the scalp is a natural remedy for migraines and headaches, reduces muscle tension, helps balance the nervous system, and even promotes hair growth.

CHINESE CUPPING MASSAGE

Cupping loosens connective tissue or fascia and increases blood flow to the surface. Cupping also stimulates tissue relaxation and better cell-to-cell communication.

The benefits of cupping include local pain relief and muscle relaxation. Aids with cough, bronchial congestion, and asthma.

THERAPEUTIC SPORTS MASSAGE

Manual manipulation of the muscles geared specifically toward helping people who have physically demanding lifestyles and/or hobbies. The conscious focus of sports massage therapy maximizes the benefit of certain massage techniques and supports further physical exertion and activity.

TRIGGER POINT MASSAGE

Trigger points can be implicated in a wide range of common conditions that involve chronic pain, including sciatica, plantar fasciitis, low back pain, trigger finger and frozen shoulder, to name a few.

A massage therapist can use the referral patterns of the trigger points to follow the point of pain described by the client back to the originating muscle, locate the trigger point in that muscle and apply direct pressure to release the spasms.

30 Minutes	60 Minutes	90 Minutes
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\$73	\$120	\$167
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\$73	\$120	\$167
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\$73	\$120	\$167
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RETREAT EXPERIENCES



HAND OR FOOT PARAFFIN WAX TREATMENT

\$20

The two main benefits of paraffin wax are its moisturizing/ skin softening properties and its use of heat therapy that helps increase blood flow, relax muscles, and decrease joint stiffness.

HAND AND FOOT PARAFFIN WAX TREATMENT

\$38

FOOT SOAK AND SCRUB

\$35

Having your feet scrubbed doesn't just help make them soft and beautiful, it can help relieve foot pain by increasing blood flow to the area. Add on a Reflexology session and you'll feel like you're walking on clouds.

HALOTHERAPY SESSION

\$50

Visiting a salt room on a regular basis relieves symptoms from a variety of respiratory conditions such as asthma, allergies, common cold, bronchitis, COPD, cystic fibrosis, and more. Dry salt therapy is also great for people who have particular skin conditions such as eczema, psoriasis, acne, and recovering from cosmetic surgery.

3 Sessions **5 Sessions** **8 Sessions**
\$135 **\$225** **\$360**

INFRARED SAUNA

\$35

With just a 30 minute session you can experience better sleep, relaxation, detoxification, weight loss, relief from sore muscles, relief from joint pain, clear and tighten skin, and improve circulation. Pair this with your massage to increase the relaxing effects of our masseuse's expert techniques

3 Sessions **5 Sessions** **8 Sessions**
\$95 **\$158** **\$252**

COUPLE'S EXPERIENCE

\$545

Enjoy connection with a partner/friend while experiencing an intimate day of relaxation. You both will be pampered with a massage, salt therapy session, infrared sauna session, foot soak and scrub, scalp massage, and blowout to be ready to leave VOUS Salon Retreat feeling and looking amazing.

EVERYTHING YOU NEED

\$212

This package offers a little bit of everything VOUS has to offer. Plan on being with us for a few hours while we curate an experience that is sure to get you in that relaxation zone. You will enjoy a sauna session followed by a massage, then you will be able to sit in our salt therapy room whilst receiving a heavenly foot soak and scrub followed with a paraffin wax treatment.

EVERYTHING YOU WANT

\$334

Truly the entire VOUS experience will sweep you off your feet! Spend a half day with us while you are utterly spoiled rotten. Your entire time will be specifically curated to fit all of your needs. You will enjoy a 90-minute massage, Infrared Sauna session, Dry Salt therapy, foot soak and scrub, paraffin hand and foot treatment, scalp massage, and topped off with a fabulous blowout so you will be ready to go out for a fabulous evening after a day of truly feeling like royalty.

GROUNDING FOOT TREATMENT

\$76

It's time to honor the feet that carry us everywhere we need to be. This package is sure to leave you feeling grounded and re-energized. Enjoy a relaxing foot bath and scrub followed by a reflexology session and paraffin wax treatment.

HEADACHE PACKAGE

\$55

Can't shake that pesky headache? Sit back in our halotherapy room with an eye massage mask and targeted aromatherapy scalp massage for your pain points and feel that headache dissipate in no time. This option is always available to you because we know headaches don't schedule their arrival ahead of time. Simply give us a call if you need us!

MEMBERSHIPS

Because you have decided to change the story of your life and pamper yourself with the attention and care that you deserve, we have put together a list of memberships just for you.

The exceptionally luxurious environment of VOUS Salon Retreat promotes a profound and sometimes long-forgotten sense of well-being. Our mission through our memberships is to ensure you gain the continuous healing benefits of being relieved, rejuvenated & relaxed.

Petite Massage Membership

One (1) 60-minute Swedish Massage, \$80/ month

Massage Membership

One (1) 90-minute Swedish Massage, \$120/ month

Petite Infrared Sauna Membership

Four (4) 30-minute Sessions, \$119/ month

Infrared Sauna Membership

Eight (8) 30-minute Sessions, \$238/ month

Petite Salt Therapy Membership

Two (2) 45-minute Sessions, \$85/ month

Salt Therapy Membership

Four (4) 45-minute Sessions, \$170/ month

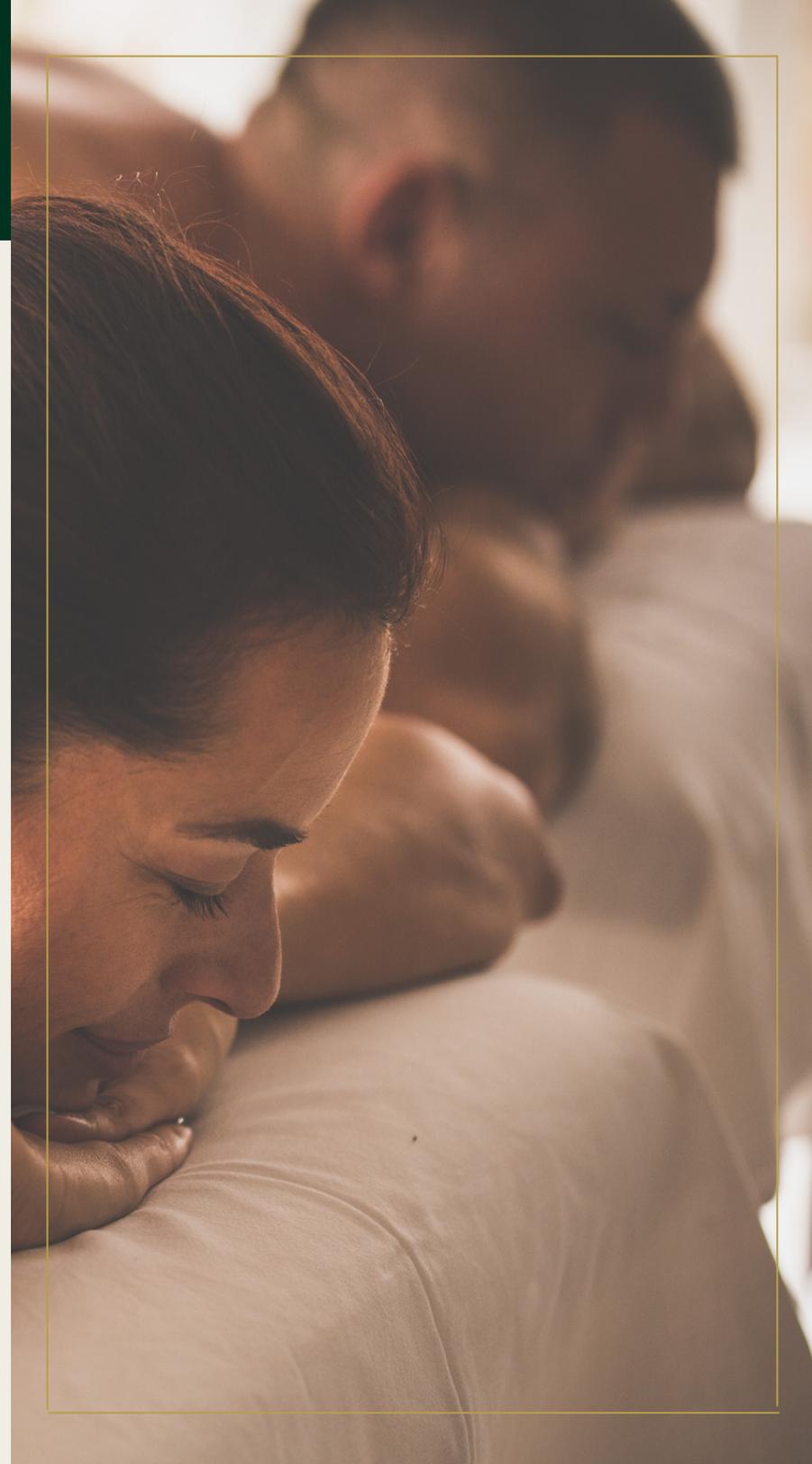
Petite De Tout Membership

One (1) 60-minute Swedish Massage, Two (2) 45-minute Salt Therapy Sessions, and Two (2) Infrared Sauna Sessions, \$230/ month

TOUT VOUS Membership

One (1) 90-minute Swedish Massage, Four (4) 45-minute Salt Therapy Sessions, and Four (4) Infrared Sauna Sessions, \$410/ month

To sign up for a membership please email VOUS@voussalonretreat.com
or call us at 256.417.1862



VOUS SALON RETREAT ETIQUETTE

VOUS Salon Retreat prides ourselves on curating an experience that protects all of our guests' time and investment into themselves. In order to facilitate this duty of ours, it is imperative that we are consistent and firm when it comes to the following subjects:

CANCELLATION POLICY: We require a credit card for all appointments and at least 24 hours notice for cancellation to avoid being charged the full price for your treatment. Groups of three or more require 72 hours notice. VOUS Beware!

CHECK-IN: When you are booked for a spa treatment, arrive at least 15 minutes ahead of your scheduled reservation so that you may decompress in the Relaxation Lounge and indulge a bit prior to your service.

JEWELRY: Please do not bring your bling to the spa. VOUS Salon Retreat shall not be liable for ANY loss of personal items even if stored in our lockers.

VOUS-SO-LATE!: We can't go back in time. We will shorten your treatment if we have another guest scheduled after you.

REFUNDS: All sales are Final.

GROUPS: Guests enjoying the salon and retreat in groups of 3 or more, please contact us via email at vous@voussalonretreat.com. It is our joy to provide an exceptional experience. However, larger groups require tighter coordination to ensure you and your party are well attended to.

GIFT CARD SALES: Give the gift of self indulgence to friends, family or co-workers and let them feel relieved, rejuvenated, and relaxed at VOUS Salon Retreat. All gift card sales are final. Purchase online at <https://gift-cards.phorest.com/salons/voussalonretreat#>

MINIMUM AGE REQUIREMENTS: No guests 17 or under are allowed, unless accompanied by an adult.

VOUS Salon Retreat hours may change seasonally and for holidays. Please call 256.417.1862 or visit us at www.voussalonretreat.com for current operating hours or to secure your reservation.



GET IN TOUCH

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